



We acknowledge that we meet and work in the Treaty One Land,
the traditional land of the Anishinaabe, Cree, and Dakota people,
and the homeland of the Métis Nation.
We are grateful for their stewardship of this land and their hospitality
which allows us to live, work, and serve God the Creator here.

WELCOME GUESTS

Newcomers are encouraged to make themselves known to the
clergy and to phone the parish office at 204.452.3609 should you
wish to express any needs or concerns. Please complete a visitor
leaflet or envelope with your email address if you would like to
receive parish newsletters sent to you regularly.

08:15 – SAID EUCHARIST

Service BAS 230 • **Collect** BAS 418 • **Psalm** 99 *Dominus regnavit*
Subdeacon Manasah Mkhabela • **Lectors** Roberta Bishop, Lomalanga Mkhabela
Sidesperson Lomalanga Mkhabela • **Chalice Bearer** Roberta Bishop

10:30 – SUNG EUCHARIST

Service Music Setting: *Music for the Parish Communion* - MARTIN HOW (1931–)

GATHERING OF THE COMMUNITY

VOLUNTARY (*Mr. Kinnard*)

Entrée in E Major - CÉSAR FRANCK (1822–1890)

HYMN 234 *God of mercy, God of grace* *Sstand*

HEATHLANDS

GREETING

Priest The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

COLLECT FOR PURITY

Priest Almighty God,

People **to you all hearts are open, all desires known, and from you no secrets
are hidden. Cleanse the thoughts of our hearts by the inspiration of your
Holy Spirit, that we may perfectly love you, and worthily magnify your
holy name; through Christ our Lord. Amen.**

GLORY TO GOD

How

**Glory to God in the highest, and peace to his people on earth. Lord God,
heavenly king, almighty God and Father, we worship you, we give you
thanks, we praise you for your glory. Lord Jesus Christ, only Son of the
Father, Lord God, Lamb of God, you take away the sin of the world: have
mercy on us; you are seated at the right hand of the Father: receive our
prayer. For you alone are the Holy One, you alone are the Lord, you alone
are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God
the Father. Amen.**

COLLECT OF THE DAY *The Transfiguration of the Lord*

Priest Almighty God, on the holy mount you revealed to chosen witnesses your
well-beloved Son, wonderfully transfigured: mercifully deliver us from the
darkness of this world, and change us into his likeness from glory to glory;
through Jesus Christ our Lord who lives and reigns with you and the Holy
Spirit, one God, now and for ever. **Amen.**

PROCLAMATION OF THE WORD

FIRST LESSON *Exodus 24.12-18* *§sit*

Lector A Reading from the Book of Exodus.

The Lord said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." ¹³So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. ¹⁴To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." ¹⁵Then Moses went

up on the mountain, and the cloud covered the mountain. ¹⁶The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. ¹⁷Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. ¹⁸Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

Hear what the Spirit is saying to the Church. **Thanks be to God.**

PSALM 99 *Dominus regnavit*

Chant: E.F. DAY (1891-1983)

The Lord is King, be the people never so impatient * **he sitteth between the cherubims, be the earth never so unquiet.**

2 The Lord is great in Sion * **and high above all people.**

3 They shall give thanks unto thy Name * **which is great, wonderful, and holy.**

4 The King's power loveth judgement; thou hast prepared equity * **thou hast executed judgement and righteousness in Jacob.**

5 O magnify the Lord our God * **and fall down before his footstool, for he is holy.**

6 Moses and Aaron among his priests, and Samuel among such as call upon his Name * **these called upon the Lord, and he heard them.**

7 He spake unto them out of the cloudy pillar * **for they kept his testimonies, and the law that he gave them.**

8 Thou heardest them, O Lord our God * **thou forgavest them, O God, and punishedst their own inventions.**

9 O magnify the Lord our God, and worship him upon his holy hill * **for the Lord our God is holy.**

Glory be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, is now and ever shall be: world without end. Amen.

SECOND LESSON *2 Peter 1.16-21*

Lector A Reading from the Second Letter of Peter.

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. ¹⁷For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." ¹⁸We ourselves heard this voice come from heaven, while we were with him on the holy mountain. ¹⁹So we

have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. ²⁰First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, ²¹because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Hear what the Spirit is saying to the Church. **Thanks be to God.**

GRADUAL HYMN 492 *'Tis good Lord, to be here* *§stand*

CARLISLE (1st tune)

GOSPEL *St. Matthew 17.1-9* *§face the Gospeler*

Gospeler The Lord be with you.

People **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to St. Matthew.
Glory to you, Lord Jesus Christ.

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. ²And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. ³Suddenly there appeared to them Moses and Elijah, talking with him. ⁴Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." ⁵While he was still speaking, suddenly a bright cloud overshadowed them, and from the

cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" ⁶When the disciples heard this, they fell to the ground and were overcome by fear. ⁷But Jesus came and touched them, saying, "Get up and do not be afraid." ⁸And when they looked up, they saw no one except Jesus himself alone. ⁹As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

HOMILY *§sit*

APOSTLES' CREED *§stand*

Priest Let us confess the faith of our baptism, as we say,

All **I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

PRAYERS OF THE PEOPLE *§stand, sit, or kneel*

CONFESSION AND ABSOLUTION

Priest Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness. Most merciful God,

People **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Priest Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE *§stand*

Priest The peace of the Lord be always with you.

All **And also with you.**

CELEBRATION OF THE EUCHARIST

OFFERTORY SENTENCE *Sremain standing*

Priest All things come of thee, O Lord.

People **And of thine own have we given thee.**

PRAYER OVER THE GIFTS

Priest Holy God, receive all we offer you this day, and bring us to that radiant glory which we see in the transfigured face of Jesus Christ our Lord. **Amen.**

GREAT THANKSGIVING

Eucharistic Prayer 5

Priest The Lord be with you. *People* **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Priest We give you thanks and praise, almighty God, for the gift of a world full of wonder, and for our life which comes from you. By your power you sustain the universe.

People **Glory to you for ever and ever.**

You created us to love you with all our heart, and to love each other as ourselves, but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise your wonderful name, as we sing,

SANCTUS, BENEDICTUS

How

All **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

Blessed is he who comes in the name of the Lord.

Hosanna in the highest. *Sremain standing, sit, or kneel*

Priest We give you thanks and praise, loving Father, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected. Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people. **Glory to you for ever and ever.**

On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of you, and eat it: this is my body which is given for you." After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, "Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me." **Glory to you for ever and ever.**

Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children. **Glory to you for ever and ever.**

Father, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty Father, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

Glory to you for ever and ever. Amen.

LORD'S PRAYER

Priest As our Saviour taught us, let us pray,
All **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

BREAKING OF THE BREAD 2

Priest We break this bread to share in the body of Christ
All **We, being many, are one body, for we all share in the one bread.**

FRACTION ANTHEM *Agnus Dei* from *Holy Trinity Service* CHRISTOPHER TAMBLING (1964-)

INVITATION

Priest The gifts of God for the People of God.
People **Thanks be to God.**

THE COMMUNION

During the administration of Communion and the Ablutions, the choir will sing:

HYMN 329 *Thee we adore, O hidden Saviour* ADORO TE
ANTHEM *Draw nigh and take the Body of the Lord* ORLANDO GIBBONS (1583-1625)

PRAYER AFTER COMMUNION *Stand*

Priest Holy God, we see your glory in the face of Jesus Christ. May we who are partakers of his table reflect his life in word and deed, that all the world may know his power to change and save. We ask this in his name. **Amen.**

DOXOLOGY

Priest Glory to God
All **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

BLESSING

Priest The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. **Amen.**

ANNOUNCEMENTS *Sit*

HYMN 151 *Behold the amazing gift of love* *Stand* ST. STEPHEN

DISMISSAL

Leader Go in peace to love and serve the Lord.
All **Thanks be to God.**

VOLUNTARY (*Mr. Kinnard*)

Alla Marcia - JOHN IRELAND (1879-1962)

You are cordially invited to Church House after the 10:30 eucharist for a luncheon provided by Delicious Dishes, after which, the 2020 Annual General Meeting will be held.

ASSISTING -

Lectors	Jennifer Schmidt, Don Seaton
Chalice Bearers	Vera Rosolowich, Doreen Blackman
Sidespersons	Jan Roberts, David Owen Lucas
Subdeacon	Barbara Calder
Crucifer	Don Seaton
Acolytes	Alvin Morris, Kevin Webb
Intercessor	Sheila Welbergen
Oblationers	Peggy Eastwood, Susan Gandier
Counters	Marlene McCulloch, Jennifer Schmidt
Altar Guild	Susan Roe-Finlay
Children's Program	Kendall Jackson, Monica Majur, Rohan Kiska
Luncheon	Delicious Dishes (<i>Proceeds: Delicious Dishes</i>)

If you would like your birth date or anniversary published in the pew leaflet, please contact the parish office.

Happy Birthday

Stella Douglas 23 February	Walter Mildren 24 February
Joy Loewen 24 February	Matius Lastra 26 February
Uzoma Okonkwo 24 February	Angela Casey 28 February

26 February - Ash Wednesday

19:30 - SUNG EUCHARIST AND IMPOSITION OF ASHES

Next Sunday: 1 March – First Sunday in Lent

08:15 - SAID EUCHARIST • 10:30 - SUNG EUCHARIST

Genesis 2.15–17, 3.1–7 • Psalm 32 *Beati, quorum*

Romans 5.12–19 • St. Matthew 4.1–11

Why the ashes? - *The meaning of Ash Wednesday*

- Ashes were used as a sign of repentance in the old testament
- Ashes are a public sign of our intent to die to our worldly desires and live in Christ
- Ashes also symbolize grief, in this case, grief for our sins
- As our foreheads are being marked, the priest says, “Remember that you are dust, and unto dust you shall return”
- The ashes come from the blessed palms used in the Palm Sunday celebration of the previous year

Forthcoming Service to Note

Sunday 8 March - *The Second Sunday in Lent*

16:00 - CHORAL EVENSONG

St. Luke's is a scent-free space.

Please be aware that scents may cause allergic/asthmatic reactions in some of our congregants.

**In order not to spoil the service for other members of the congregation,
please silence electronic devices such as cellphones.**

NOTICES

Bible Study

Tuesdays, 10:00 in the boardroom.

We are studying the book *The Last Week, What the Gospels really teach about Jesus's final days in Jerusalem*. The book can be ordered from any book store, but you can still participate without it!

This will carry us up to Holy Week.

We invite you to join our lively studies and discussions.

Hospitality Drop-in

On **25 February**, we celebrate Shrove Tuesday with a pancake and sausage/bacon breakfast for our guests.

Volunteers are needed to help that morning. Come early and cook, or come later and help clean up.

Donations are needed for sausages, bacon, juice, fresh fruit, or cash to make it a great breakfast. We always have a great fellowship with each other and the guests.

Contact Barbara Calder(204.453.9219) bccalder@shaw.ca

***Congratulations to Alvin and Wendy
on the birth of Dreyden.***

Annual General Meeting

This year's meeting is being held **today**. PDF copies of the booklet have been emailed to parishioners on the newsletter mailing list.

If you wish a printed copy, a limited number will be available in the parish hall.

Please share.

Shrove Tuesday

Tuesday 25 February. A Pancake Supper will be held in the parish hall. All-you-can-eat pancakes with three sausages will be served for a minimal cost of \$10.00 per person. Children, 15 and under, are free. Included in the ticket price will be dessert and tea, coffee, or juice.

Supper will be served starting at 17:00 until 19:00.

Mark your calendars – we would love to see you there.

Your support is very much appreciated.

Thank you to all those who have contributed to educating children in Haiti.

It is very much appreciated!

Colin and Elizabeth Briggs

Do you wish to receive the *Anglican Journal* newspaper?

If you are attending and contributing to an Anglican church in Canada, just complete the form on the webpage below, or send an email to [<circulation@national.anglican.ca>](mailto:circulation@national.anglican.ca) and the *Journal* staff will set up a subscription in your name.

www.anglicanjournal.com/newssubscription

Please include the following people in your prayers:

PARISHIONERS:

Bob Douglas, Susan Stephen, Ted Rennie,
Lori Kroeger, Paul Hogue,
Paul and Beryl Magel,
Nancy Dunn, Jeff Brown, Bill Brant,
Georgie Snead, Orest Rosolowich,
Fr. Tom Graham, Ann Croft,
Dorothy and John Funnell, Ted R.,
Shirley and Neil Almdal,
Cecile Chiddenton, John Judge.

FRIENDS AND FAMILY:

Tim Plett, Mike Kondracki, R.I.P., Glen King,
Trish, R.I.P., Anne Richardson, R.I.P.,
Pam Lock, R.I.P., John Lock, Tom Lucas, Jim M.,
David Hagerman, Lar, Marcus, Simon, Kayla,
Jason, Jim Carr, Alain Carlson,
The Rev. Canon John Ezeobi,
Jenny Miller, George Peterson, Daphne W.,
Walter Mildren, Ed Miller,
George Nelson, Everett Lampman.

THIS WEEK AT ST. LUKE'S - 23 February – 29 February

Today	After service Luncheon and Annual General Meeting 13:00 Emmanuel Mission Worship	Parish Hall Church
Mon. 24 Feb.	20:00 <i>Men's Alcoholics Anonymous</i>	Boardroom
Tues. 25 Feb.	07:00 Hospitality Drop-in Shrove Tuesday Breakfast 10:00 Bible Study 15:00–19:00 Shrove Tuesday Pancake Supper 19:00 <i>Crystal Meth. Anonymous</i>	Parish Hall Boardroom Parish Hall Boardroom
Wed. 26 Feb.	12:00 DEADLINE FOR PEW LEAFLET NOTICES 17:00 Education for Ministry 19:30 Sung Eucharist and Imposition of Ashes	Boardroom Church
Thu. 27 Feb.	09:15 Said Eucharist 10:00 Worship Team Meeting 18:30 <i>Women in Narcotics Anonymous</i>	Soldiers' Chapel Boardroom <i>Whale Lounge</i>
Fri. 28 Feb.		
Sat. 29 Feb.	18:00 <i>Crystal Meth. Anonymous</i>	Boardroom

The Parish Church of St. Luke

CLERGY

The Rev. Paul Lampman, *Rector* (Church: 204.452.3679, Cell: 204.898.8038) paul.lampman@icloud.com

The Rev. (Abraham) Monybony Kuol Chuol, *Emmanuel Mission* monybuny@gmail.com

The Rev. Dr. Thomas Graham, *Emeritus* tgemeritus@shaw.ca

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Rector's Warden - Manasah Mkhabela (204.261.6345) mkhabela@dal.ca

People's Warden - Arnold Goetz (204.453.9219) aagoetz@shaw.ca

Deputy Warden - Bill Brant bill.brant@wsp.com

Treasurer - George Baldwin George.Baldwin@umr.umanitoba.ca

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Office Hours: Monday–Friday, 09:00–noon